4th Annual Smith Downriver Boat Race August 13, 2011

PLEASE PRINT CLEARLY

\$20 per participant includes a tee shirt

| Full Name: | Age | on day of the event: | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 2nd Team Member (Tand | dem entries ONLY): | Age: | |
| Address: | City & State: | Zip: | |
| Phone: | Email: | | |
| or any portion thereof, I do he lease and forever discharge River Basin Assoc, Smith Rivin sponsoring, organizing, mands, actions, cause of activa aforementioned events on Autofore-mentioned events. I g | nereby for myself, my heirs, executor Martinsville Parks and Recreation, Her Sports Complex, M-HC EDC, and anaging, and/or manning the event/sion, suits of law, or suits of any natural gust, 13, 2011. I understand the inherant my permission for myself or r | h Downriver Canoe and Kayak Race, rs, administrators, and assignees, relenry Co. Parks and Recreation, Dan all other entities or persons involved s of all claims, damages, losses, dere arising from my participation in the erent risk of participating in any of the my children to be photographed for | |
| | tinsville Parks and Recreation. Y UNDERSTAND ALL OF THE IN | IFORMATION INCLUDED IN THE | |
| ABOVE NOTICE AND WA Signature of each participal | IVER. nt in boat and/or parent's signature | M | |
| | | Date: | |
| | | Date: | |
| many or | The Control of the | No Comment | |
| MUST CHEC | K ONE IN EACH OF THE FOU | UR AREAS BELOW | |
| CATEGORY: | AGE BRACKETS: | DIVISION: | |
| Women | 17 & under | Solo Canoe | |
| Men | 18-59 | Tandem Canoe | |
| Mixed | 60 & over | Kayak 13' & above - racing | |
| Family: Adult and Child 12 & Under | | Kayak 12' 11" & below - recreational | |
| Γ | Boat Rentals Available: | Call 403-5140 (MPR) or 252-0701 (Smith | |
| Shirt Size: Only one shirt per registration (Adult Sizes) River Outfitters) @ put-in for Race. Must Reserve in Adv. | | in for Race. Must Reserve in Advance | |
| (Adult Sizes) Check one: | Make checks payable to | Make checks payable to: by calling. | |
| SMLXL _ | XXL Martinsville Parks and Recr | Martinsville Parks and Recreation 746 B Indian Trail, Martinsville, VA 24112 | |

Smith Downriver Boat Race Information to Know!

Shuttle provided from take out-Smith River Sports Complex to put in-280 Tensbury Dr.

<u>Itinerary</u>

8 AM - 9:15 AM Registration at 280 Tensbury Drive, Martinsville, VA 9:45 AM Mandatory Safety Briefing

10 AM Race Begins

11 AM Kid's float begins

1 PM - Award's Ceremony at the "Smith River Festival"

RULES FOR RACERS

- FLOATERS will mass start and will be timed. NO INFLATABLES,
 PLEASE!
- Winners will be based on overall finish time broken up into gender, age, division (solo or tandem), and type of boat.
- Observe all water safety rules and have appropriate flotation devices (PDFs) on at all times during the race.
- Participants under the age 14 must be accompanied by an adult and will be put in age category with youngest participant. (Adults can accompany kids in different water-craft.)
- Littering on the river is prohibited.
- Entry fees are non-refundable.
- Emergency Exits are at Rives Rd. where first bridge crosses river and Frith Rd. where train trestle crosses the river.
- There will be an official sweeper and rescue boaters on route.
- If you are injured or need medical attention please alert other participants, flag down rescue boaters, or call 911.
- If lightning occurs, please exit the river immediately, crouch and wait out the storm.
- Non-race boats have the right-of-way to the left. Watch for fishermen and others that are not participating in this event.
- Keep a safe distance between boats.
- The organizers of the Smith Downriver Boat Race reserve the right to cancel this event based on unsafe conditions due to extreme weather conditions.
- No Alcohol permitted during race!!!

Other Safety Precautions

- Paddle with others if possible.
- Carry a spare paddle.
- When paddling in wind, stay close to the shore.
- Use caution when launching or landing on slippery rocks or muddy areas.
- If you capsize, stay calm. Hold onto boat and paddle and move to shallow water.
- Do not attempt to stand up in moving water deeper than knee deep.
- Please remove your boats as soon as possible upon reaching the ramp. Boaters may have to wait to take out if the ramp is full but the river is slow here and easy to hold position while waiting to take out.

Water Velocity Information With Release from Martinsville Dam

Average weekend water flows on the Smith Below Martinsville Dam are between 80- 150 cubic feet per second (cfs). At these flows rates, the river has some exposed rocks, and shallow areas that may be too shallow for a boat to pass in some areas. Often there is one or two routes through the shallow areas that have just enough water to allow a paddler to continue without the need to step out of the boat when the water is at this level. *For race day, we anticipate a release of water from the Martinsville Dam, courtesy of the City Electric Dept. On race day, the release of 650 cfs or more, there will be no shallow areas, but some nice class 1 rapids in spots and the run will take an average of 1-11/2 hours to complete. Racers will most likely complete the course in under an hour.

Directions to the Smith River Sports Complex at 1000 Irisburg Rd. at Smith River Festival and "Take Out" From Martinsville

From the Main Post Office at 1123 Spruce Street, follow Spruce Street southeast for

approximately 3 miles.

The site is just past Freedom Baptist Church.

If approaching from Rt. 58 bypass take route 650 exit.

From Danville:

Take 58 West to Martinsville

Travel approximately 25 miles and exit onto 58 West toward 220North/Stuart/Roanoke

Travel approximately 3.7 miles and exit on the ramp toward VA-650

At the top of the ramp, take a left onto Irisburg Road Go 0.4 mile and enter on right at the Smith River Sports Complex.

From Greensboro/Eden:

Take 220 North to Martinsville

Take the 58 East Exit toward Danville

Travel approximately 3.5 miles

Exit on the ramp toward VA-650

Take a right at top of ramp onto Irisburg Rd

Go approximately 0.3 mile and enter on right at the Smith River Sports Complex

From Roanoke:

Travel approximately 55 miles

Exit on the ramp toward VA-650

Take a right at top of ramp onto Irisburg Rd

Go approximately 0.3 mile and enter on right at the Smith River Sports Complex

Directions to the "Put-in" at 280 Tensbury Dr.

From Martinsville

From Danville

Take 58 West to Martinsville

Travel approximately 27 miles and take ramp exit

US-220-BR N and go 2.6 miles to Tensbury Dr, two miles past Rives Rd. Drive to the end - 280 Tensbury Dr.

From Greensboro/Eden

Take 220 N for approximately 37 miles

Thomas A. Burton Hwy. turns into Greensboro Rd. and drive another 9.6 miles, then turn onto Tensburry Rd. Drive to the end of this road - 280 Tensbury Dr.

From Roanoke

Take 220 S toward Martinsville for approximately 52 miles Take US 58 Martinsville/Stuart exit

Turn left onto US-58-BR Philpott Hwy. Continue to follow US-58-BR \pm

Merge onto Greensboro Rd./US-220 BR S toward US-220 S/ Greensboro

Go 0.3 mile and turn left onto Tensbury Dr.

Drive to the end - 280 Tensbury Dr.